# CNHB

# Champaign County Mental Health Board

In fulfillment of our responsibilities under the Community Mental Health Act, the Champaign County Mental Health Board (CCMHB) presents the following documents for public review:

The CCMHB's <u>Annual Report</u> provides an accounting to the citizens of Champaign County of the CCMHB's activities and expenditures during the period of December 1, 2012 through November 30, 2013.

The CCMHB's <u>Three-Year Plan</u> for the period December 1, 2012 through December 31, 2015 presents the CCMHB's goals for development of Champaign County's system of community mental health, developmental disabilities and substance abuse services and facilities, with <u>One-Year Objectives</u> for December 1, 2013 through December 31, 2014.

Any questions or comments regarding the CCMHB's activities or the county's mental health services can be directed to the Champaign County Mental Health Board; 1776 E. Washington; Urbana, IL 61802; phone (217) 367-5703, fax (217) 367-5741.

# **Champaign County Mental Health Board**

# Fiscal Year 2013 Annual Report & Three-Year Plan 2013-2015

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# **LISTING OF 2013 BOARD MEMBERS AND STAFF**

# **BOARD MEMBERS**

Dr. Deloris Henry (President)

Dr. Deborah Townsend (Vice-President)

Ms. Astrid Berkson

Ms. Aillinn Dannave

Mr. William Gleason

Dr. Ernest Gullerud

Mr. Michael McClellan

Dr. Thom Moore

Dr. Julian Rappaport

### **STAFF**

Peter Tracy Executive Director

Lynn Canfield
Associate Director for Developmental Disabilities

Nancy K. Crawford Business Unit Comptroller

Mark J. Driscoll
Associate Director for Mental Health and Substance Abuse Services

Stephanie Howard-Gallo Developmental Disabilities Contract Specialist

# **CCMHB President's Report**

As I begin my second term as President of the Champaign County Mental Health Board we are entering a period of transition and opportunity. While we address the challenges ahead, the commitment of the Board to the citizens of Champaign County remains unwavering. To that end, on behalf of the Board I present the 2013 Annual Report.

The Annual Report provides an accounting of the finances entrusted to the Board including contract awards and services provided residents of Champaign County during the 2013 fiscal year. The Annual Report also includes the current Three Year Plan with Objectives for the new fiscal year.

We continue to enjoy strong collaborative relationship with other stakeholders that contribute to the achievements of the Board and strengthen our ability to meet the challenges that lie before us. Of particular significance in this regard is our close relationship with Champaign County Board for Care and Treatment of Persons with a Developmental Disability. The two boards' collaboration is exemplified by the shared responsibility and support of the Reaching Out for Answers: Disability Resource Expo and the Champaign County Anti-Stigma Alliance's support of Roger Ebert's Film Festival as well as coordination in the allocation of resources. That relationship will serve both Boards well as we work together to meet the challenges presented through the State's implementation of the Ligas Consent Decree and the Medicaid Section 1115 waiver request to the federal government.

This past year has also found the CCMHB collaborating with the United Way of Champaign County to support the extension of 211 information and referral services our county. There is also the likelihood of working with United Way on other initiatives in the coming year. And within Champaign County government the Board has extended its collaboration the criminal justice system to address the mental health needs of persons re-entering the community from the jail in an effort to improve their well-being and reduce contacts with law enforcement, the jail, and the courts.

The ongoing success of the ACCESS Initiative System of Care represents a commitment of multiple stakeholders since its' inception. Efforts to build a sustainable system of care is a focus of the coming year as federal funds allocated through the SAMHSA cooperative agreement have peaked and greater responsibility for continuing the positive change falls to the local partners.

In closing, I extend the appreciation of the Board to Dr. Ernest "Ernie" Gullerud for his many years of service on the Board and to the citizens of Champaign County. And in his place I welcome Dr. Susan Fowler.

Respectfully,

Dr. Deloris Henry CCMHB President

SECTION I: Financial Reports and Service Data

# ANNUAL FINANCIAL REPORT

# 12/01/12- 11/30/13

		2012	2013
Beginning of the Year Fund Balance	\$	2,021,009	\$ 2,146,111
REVENUE			
<b>General Property Taxes</b>	\$	3,730,508	\$ 3,815,995
Back Taxes, Mobile Home Tax & Payment in Lieu of Taxes		10,413	9,092
<b>Local Government Revenue</b>		11,745	1,000
<b>Champ County Developmental Disabilities Board</b>		292,404	317,517
Interest Earnings		1,773	915
Gifts and Donations		19,597	20,609
Miscellaneous	***************************************	19,869	 37,471
TOTAL REVENUE	<u>\$</u>	4,086,309	\$ 4,202,599
EXPENDITURES  Administration & Operating Expenses: Personnel	\$	454 276	470 5 41
Commodities	<b>3</b>	454,376 6,512	478,541 4,921
Services		264,830	334,146
Capital Outlay		4,212	334,140
Sub-Total	\$	729,930	\$ 817,608
Grants and Contributions: Program Capital	\$	3,231,277	3,466,488
Sub-Total	\$	3,231,277	\$ 3,466,488
TOTAL EXPENDITURES		3,961,207	\$ 4,284,096
Fund Balance at the End of the Fiscal Year	\$	2,146,111	 2,064,614

annual report - FY13 NKC 3/6/2014

# PROGRAM ALLOCATIONS -- FY2013

### 12/01/12 - 11/30/13

AGENCY/PROGRAM	TC	TAL PAID
BEST INTEREST OF CHILDREN  Al Parent/Family Engagement  Community Home  Flex Fund	\$	100,202.00 112,500.00 33,335.00
Agency Total		246,037.00
CENTER FOR WOMEN IN TRANSITION - A Woman's Place		66,948.00
CENTER FOR YOUTH & FAMILY SOLUTIONS - Family Counseling		7,802.80
CHAMPAIGN COUNTY CHILDREN'S ADVOCACY CENTER		37,080.00
CHAMPAIGN COUNTY REGIONAL PLANNING COMMISSION		
Court Diversion - Al Intake		15,165.00
Head Start/Early Head Start - Social-Emotional Disabilities Services		17,095.00
Youth Access Center		10,835.00
Agency Total		43,095.00
COMMUNITY CHOICES - Self Determination Support		29,170.00
COMMUNITY ELEMENTS		
AI Parenting with Love and Limits		285,780.00
Adult Recovery: Criminal Justice & Specialty Courts		88,000.00
Criminal Justice Problem Solving Courts		62,470.00
Crisis, Access, Benefits and Engagement		205,935.00
Early Childhood Mental Health and Development		114,500.00
Integrated Behavioral Health Services		62,820.00
Psychiatric Services (Psychiatry/Primary Care in CY14)		41,995.00
TIMES Center (Screening MI/SA)		57,004.78
Agency Total		918,504.78
COMMUNITY SERVICE CENTER OF		
NORTHERN CHAMPAIGN COUNTY - First Call for Help		75,599.00
CRISIS NURSERY - Beyond Blue Champaign County		70,000.00
DEVELOPMENTAL SERVICES CENTER		
Developmental Training/Employment Services		177,742.00
Family Development Center		421,604.00
Agency Total		599,346.00

DON MOYER BOYS & GIRLS CLUB	
ACCESS Initiative Intake Specialist	40,001.00
ACCESS Services and Administrative Team	22,500.00
ACCESS Services and Support Staff	8,888.00
Agency Total	71,389.00
EAST CENTRAL ILLINOIS REFUGEE ASSISTANCE CENTER	
Family Support and Strengthening	13,000.00
FAMILY SERVICE	
Counseling	40,721.16
First Call for Help	47,815.00
Self-Help Center	29,313.00
Senior Counseling and Advocacy	142,337.00
Agency Total	260,186.16
MAHOMET AREA YOUTH CLUB - Al Mahomet Universal Screening	17,801.00
PRAIRIE CENTER FOR SUBSTANCE ABUSE	
Al Parenting with Love and Limits	285,780.00
Drug Court	175,435.00
Mental Health Court	10,000.00
Prevention	56,550.00
Youth Services	105,000.00
Agency Total	632,765.00
PROMISE HEALTHCARE	
Frances Nelson Wellness Campaign	15,000.00
Mental Health Services at Frances Nelson Health Center	148,774.00
Agency Total	163,774.00
RAPE ADVOCACY, COUNSELING, & EDUCATION SERVICES	
Counseling & Crisis Services	18,600.00
SOAR	
Al SOAR Family Engagement	24,194.00
Al SOAR Universal Screening	27,800.00
Agency Total	51,994.00
TALKS Mentoring - ACCESS Initiative Men of Wisdom	60,680.00
UNIVERSITY OF ILLINOIS - PSYCHOLOGICAL SERVICES CENTER	
ACCESS Initiative Girls Advocacy	29,506.83
ACCESS Initiative Restorative Circles	21,962.80
Agency Total	51,469.63
UP CENTER OF CHAMPAIGN COUNTY - Youth & Volunteers	11,447.00
URBANA NEIGHBORHOOD CONNECTIONS CENTER	
ACCESS Initiative Urbana Universal Screening	19,800.00
GRAND TOTAL	3,466,488.37

# SERVICE TOTALS FOR CONTRACT YEAR 2013 (7/1/12 - 6/30/13) BY TYPE OF SERVICE UNIT

- CSE = Community Service Event. Non-client specific service, e.g. public presentation, consultation advocacy for a target population, media event, workshop or community development activity.
- **SC =** Service Contact/Screening Contact. Encounter to provide information, referral, assessment, crisis intervention or general service.
- TPC = Treatment Plan Client. Client has a written assessment and service plan.
- NTPC = Non-Treatment Plan Client. Brief service is provided without a written service plan.
- **FFS =** Fee for Service. Pre-determined fee paid for defined unit of service.

### **CONTRACTED AGENCIES & PROGRAMS**

	CSEs	SCs	TPCs	NTPCs F	FS Units Type
Best Interest of Children  Al Parent/Family Engagement**					
Community Home**					
Flex Fund**					
TOX F dillo					
Center for Women in Transition					
A Woman's Place	142	732	386	55	
Center for Youth and Family Solutions					
Family Counseling		99	13		109 Hours
Champaign County Children's Advocacy Center	13	142	131	22	
Champaign County Regional Planning Commis					
Court Diversion - Al Intake+	45		290	65	
0 11 01 11					
Community Choices	0	705	0	404	
Self-Determination Support	6	795	0	131	
Community Elements					
Adult Recovery: CJ & Specialty Courts			148		
Al Parenting with Love and Limits			98		
Crisis, Access, Benefits and Engagement		4584	229	879	
Early Childhood Mental Health and Develo		217	233		
Integrated Behavioral Health Services			60	23	
Psychiatric Services		7790	1909		
TIMES Center		227		257	1263 Svc. Enc.
Community Service Center of Northern CC					
First Call for Help		6465		1396	
Crisis Nursery					
Beyond Blue Champaign County	144	1778	45	154	
Developmental Services Center	46	F.0	000	4.5	
Developmental Trng/Employment Svcs	42	53	292	13	
Family Development Center	1004	203	635	802	

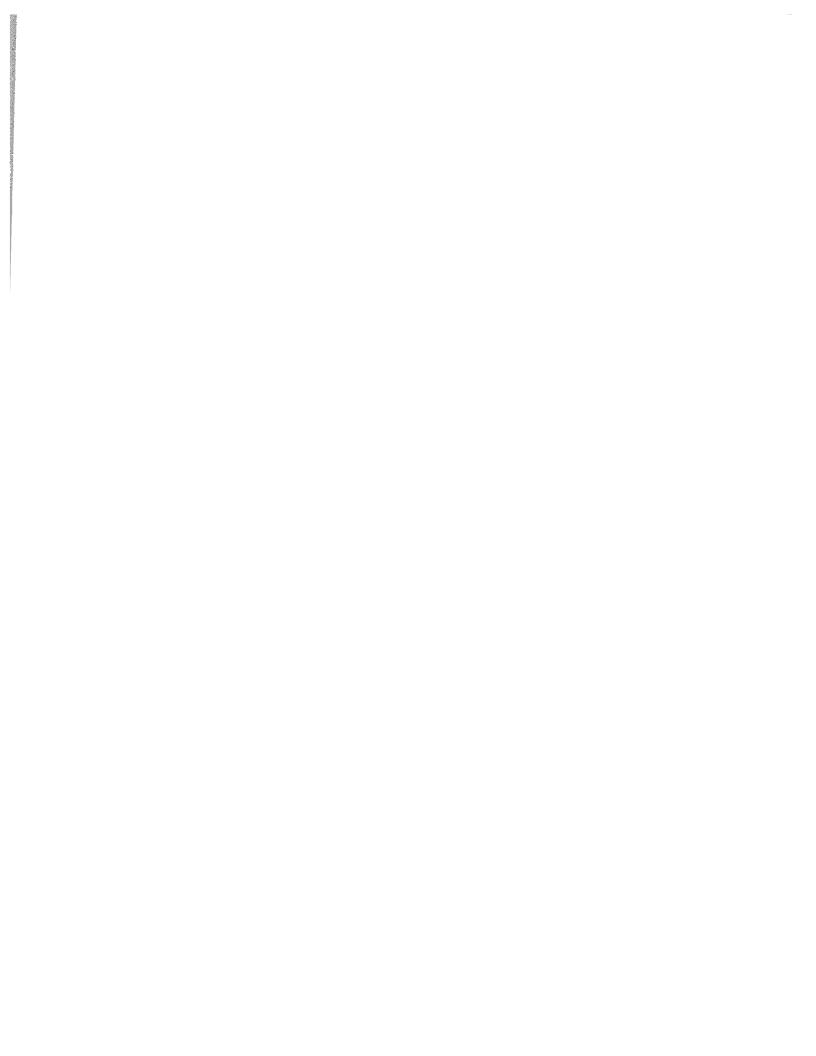
### Don Moyer Boys & Girls Club

ACCESS Initiative Intake Specialist\*\*
ACCESS Services & Administrative Team\*\*
ACCESS Services & Support Staff\*\*

	CSEs	SCs	TPCs	NTPCs	FFS Units	Туре
East Central Illinois Refugee Assistance Center	(ECIRMA	AC)				
Family Support and Strengthening	99					
Family Service of Champaign County						
Counseling		542	67		573	Hours
First Call for Help		6120				
Self-Help Center	292					
Senior Counseling and Advocacy		8340	303	1010		
Mahomet Area Youth Club  Al Mahomet Universal Screening**						
Prairie Center Health Systems						
AI - Parenting with Love & Limits			74			
Drug Court	6	11072	75			
Mental Health Court		5	10			
Prevention	1096					
Youth Services	10	100	134			
Promise Healthcare  Mental Health Services at FNHC			327	70		
RACES Counseling & Crisis Services	188	19	43	6		
SOAR Al SOAR Universal Screening**						
TALKS Mentoring  ACCESS Initiative Men of Wisdom**						
University of Illinois - Psychological Services Con Access Initiative Girls Advocacy** Access Initiative Restorative Circles**	<u>enter</u>					
UP Center of Champaign County Youth & Volunteers	46	17		33		
Urbana Neighborhood Connections Center Al Urbana Universal Screening**						
	CSEs	SCs	TPCs	NTPCs		
TOTAL GENERIC SERVICE UNITS	3,297	49,300	5,502	4,916	-	
	Days	Hours	Service En	counters	<b>;</b>	
TOTAL FEE BASED UNITS		682	1,263		-	

### Notes on Service Data

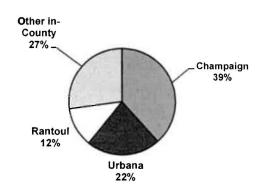
- \*\* ACCESS Initiative data are reported in the Local and National Evaluation, as required by contract with Illinois Department of Human Services.
- + Data reported combined Quarter Cent and CCMHB funded services Data are for the period of Contract Year 2013: July 1, 2012 to June 30, 2013.

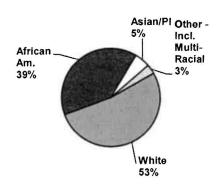


# **Demographics of Persons Served in CY13**

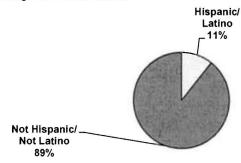
### Residency of Persons Served

Race of Persons Served

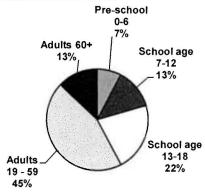




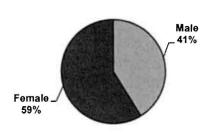
### **Ethnic Origin of Persons Served**



Age Distribution of Persons Served

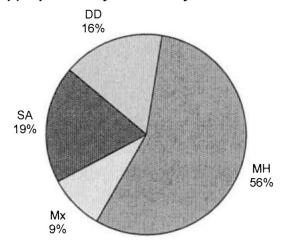


Gender Distribution of Persons Served

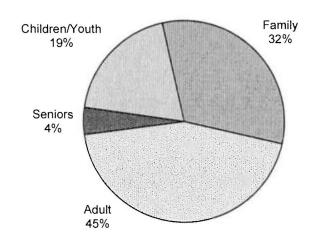


# Funding by Sector, Population, and Service in CY 2013

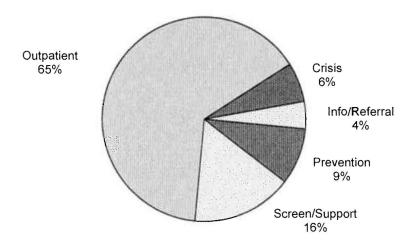
CY13 Appropriation by Community Mental Health Sector



**CY13 Appropriation by Target Population** 



CY13 Appropriation by Type of Service



SECTION II: Three-Year Plan 2013-2015 with FY 2014 One-Year Objectives

# THREE-YEAR PLAN

**FOR** 

FISCAL YEARS 2013 - 2015 (12/1/12 - 12/31/15)

**WITH** 

**ONE YEAR OBJECTIVES** 

**FOR** 

FISCAL YEAR 2014 (12/1/13 – 12/31/14)

WHEREAS, the Champaign County Mental Health Board has been established under Illinois Revised Statutes (405 ILCS – 20/Section 0.1 et. seq.) in order to "construct, repair, operate, maintain and regulate community mental health facilities to provide mental health services as defined by the local community mental health board, including services for the developmentally disabled and for the substance abuser, for residents (of Champaign County) and/or to contract therefore..."

WHEREAS, the Champaign County Mental Health Board is required by the Community Mental Health Act to prepare a one- and three-year plan for a program of community mental health services and facilities;

THEREFORE, the Champaign County Mental Health Board does hereby adopt the following Mission Statement and Statement of Purposes to guide the development of the mental health plan for Champaign County:

### MISSION STATEMENT

The mission of the CCMHB is the promotion of a local system of services for the prevention and treatment of mental or emotional, intellectual or developmental, and substance abuse disorders, in accordance with the assessed priorities of the citizens of Champaign County.

### STATEMENT OF PURPOSES

- 1. To plan, coordinate, evaluate and allocate funds for the comprehensive local system of mental health, intellectual disabilities and developmental disabilities, and substance abuse services for Champaign County.
- 2. To promote family-friendly community support networks for the at-risk, underserved and general populations of Champaign County.
- 3. To increase support for the local system of services from public and private sources.
- 4. To further develop the systematic exchange of information about local services and needs between the public/private service systems and the CCMHB.

In order to accomplish these purposes, the Champaign County Mental Health Board must collaborate with the public and private sectors in providing the resources necessary for the effective functioning of the community mental health system.

### CHILDREN, ADOLESCENT, AND FAMILY FOCUSED PROGRAMS AND SERVICES

Goal #1: Identify children at-risk of developmental delay and intellectual disability or developmental disability and support early intervention services and family supports.

Objective #1: Support use of evidence based/informed models for provider programs serving families with children age birth to five, and require collaboration and coordination by providers to limit duplication of effort.

Objective #2: Participate in collaborative bodies such as the Champaign County Birth to Six Council whose mission focuses on serving families with young children.

Objective #3: Collaborate with the Champaign County Board for the Care and Treatment of Persons with a Developmental Disability on issues of mutual interest associated with early intervention services and programs.

Objective #4: In consultation with the Champaign County Board for the Care and Treatment of Persons with a Developmental Disability continue realignment of CCMHB funding to support early intervention services for children with an intellectual disability or developmental disability or delay.

Goal #2: Identify youth at risk of social, emotional, and/or behavioral health issues and, using evidence based/informed services, engage in a process of healing and positive development.

Objective #1: Continue development and implementation of the SAMHSA Children's Mental Health Initiative Cooperative Agreement for the ACCESS Initiative system of care delineated in the SAMHSA application, including cultural competence development and support, subject to post-award changes as determined by the Coordinating Council, principle investigators, project director, and ACCESS team and partners.

Objective #2: Continue discussions with ACCESS Initiative partners whose systems benefit from the youth and family interventions delivered through the ACCESS Initiative system of care to identify innovative means for sustaining system change. Enter into Intergovernmental Agreements with other local government funders to support the Community Coalition and the Access Initiative System of Care

Objective #3: Support continued implementation of the Parenting with Love and Limits (PLL) program based on positive evaluation and feedback from community partners and stakeholders.

Objective #4: As practicable, leverage resources of juvenile justice system stakeholders and units of local government benefitting from the outcomes of youth and families engaged in PLL.

Objective #5: Maintain collaboration with juvenile justice system stakeholders on implementation and evaluation of the Quarter Cent for Public Safety Fund supported services and PLL and the integration of Quarter Cent funded services and PLL with the ACCESS Initiative.

Objective #6: Monitor evaluation of the ACCESS Initiative through engagement with evaluators on progress, including interim outcomes of the local and national evaluation, and through participation in the ACCESS Evaluation Collaboration Team.

Goal #3: Support adults' and families' access to services and programs, including evidence based/informed behavioral health practices to increase positive outcomes for consumers.

Objective #1: Continue participation and support for Champaign County Specialty Courts serving persons with substance use disorders and/or mental health disorders.

Objective #2: Support a continuum of services for persons with a mental health, substance use disorder, intellectual disability and/or developmental disability in response to reduced state supported services.

Objective #3: Promote wellness for people with mental illnesses, substance use disorders, intellectual disabilities, and/or developmental disabilities to prevent and reduce early mortality as embodied in the "10x10 Wellness Campaign."

Objective #4: Encourage training of staff across the service spectrum on use of evidence based/informed practice and associated outcome measurement.

### COMMUNITY ENGAGEMENT & ADVOCACY

Goal #4: Address stigma associated with a person's or family members' mental illness, substance use disorder, intellectual disability, and/or developmental disability through broad based community education efforts to increase community acceptance and positive self-image.

Objective #1: Continue support for and involvement in the signature antistigma and community education events disAbility Resource Expo: Reaching Out for Answers, Roger Ebert's Film Festival, and the ACCESS Initiative Children's Mental Health Awareness Week.

Objective #2: Participate in other community based activities such as walks, forums, and presentations to raise awareness.

Goal #5: Stay abreast of emerging issues affecting the local systems of care and consumer access to services and be proactive through concerted advocacy efforts.

Objective #1: Monitor implementation of the Affordable Care Act and the expansion of Medicaid by the State of Illinois and advocate for increased service capacity sufficient to meet consumer demand through active participation in the Association of Community Mental Health Authorities of Illinois (ACMHAI) and other state and national associations.

Objective #2: Track state implementation of class action suit settlements involving persons with intellectual disabilities or developmental disabilities or

mental illness, e.g. Ligas vs. Hamos Consent Decree and Williams vs. Quinn Consent Decree, and proposed closure of state facilities, and advocate for the allocation of state resources sufficient to meet needs of clients returning to home communities.

Objective #3: Monitor implementation of the Illinois Employment First Act including any associated rulemaking.

Objective #4: Continue broad based advocacy efforts at the state and local levels to respond to continued reductions in state funding and increasing delays in payment for local community based mental health, substance use disorder, and intellectual disability and developmental disability services and supports and to the broader human services network under contract with the State of Illinois.

Objective #5: In collaboration with the United Way of Champaign County, monitor implementation of the regional 211 information and referral system and its impact on local utilization of funded information and referral services.

Objective #6: Assess impact on local systems of care for persons with mental illness, substance use disorder, intellectual disabilities and/or developmental disabilities of the State of Illinois and provider networks movement to a regional service delivery model.

Objective #7: Collaborate with the Illinois Department of Human Services and the Illinois Department of Healthcare and Family Services to support and participate in the implementation of Medicaid managed care pilot projects. This would also include anticipated changes in the Early, Periodic, Screening, Diagnosis and Treatment (EPSDT) Medicaid program.

### RESOURCE DEVELOPMENT & COLLABORATION

Goal #6: Increase investment in programs and services through promotion of collaborative and innovative approaches.

Objective #1: Through participation in the Association of Community Mental Health Authorities of Illinois (ACMHAI), seek input and feedback on innovative approaches for resource development or cost containment.

Objective #2: Partner with other local entities for a coordinated response to needs of at-risk populations.

Objective #3: Consider non-financial support to agencies to offset state funding reductions and control costs.

Objective #4: Support and assist with affiliations and mergers of providers as a means to streamline the delivery of services and enable administrative cost savings through economies of scale.

Objective #5: Encourage development of collaborative agreements between providers to increase or maintain access and coordination of services for consumers residing in Rantoul and rural Champaign County.

Goal #7: Sustain the collaborative working relationship with the Champaign County Board for Care and Treatment of Persons with a Developmental Disability (CCDDB).

Objective #1: Implement the Intergovernmental Agreement between CCMHB and CCDDB.

Objective #2: Coordinate integration, alignment, and allocation of resources with the CCDDB to ensure the efficacious use of resources within the intellectual disability and developmental disability service and support continuum.

Objective #3: Assess alternative service strategies that empower consumers and increase access to needed but underutilized services.

Goal #8: Reduce involvement of target populations in the criminal justice system.

Objective #1: Collaborate with juvenile justice system partners on implementation of services supported with Quarter Cent for Public Safety Fund, Board resources, and the ACCESS Initiative to reduce youth contact and involvement with the criminal justice system.

Objective #2: In collaboration with county government, the criminal justice system and community based behavioral health service providers, develop an efficacious system of care designed to divert people with behavioral health needs from incarceration in the County Jail, assure appropriate linkage to behavioral health services for people discharged from the jail, and provide intensive case management for people with frequent incarcerations.

Objective #3: Continue participation in the Champaign County Specialty Court Steering Committee and support for Champaign County Drug Court and support restoration of the Champaign County Mental Health Court.

Objective #4: Using established oversight committees, review performance and evaluation reports including data on recidivism.

Objective #5: Support continuation of Champaign County Drug Court services funded through the Department of Justice Bureau of Justice Assistance Enhancement Grant award and the pursuit of non-CCMHB funding to sustain the enhanced services.

### ORGANIZATIONAL DEVELOPMENT, ADMINISTRATION, AND ACCOUNTABILITY

Goal #9: Set priorities for funding through an annual review and allocation process to ensure access to core mental health, substance use disorder, and developmental disability services by consumers.

Objective #1: Draft priorities based on current service needs and operating conditions including consideration of changes in state funding and payment practices, commitments to implementation of the ACCESS Initiative, and obligations established through Memoranda of Understanding and Intergovernmental Agreements.

Objective #2: Solicit input from the service network and community at large on proposed funding priorities prior to adoption.

Objective #3: Utilize a competitive application process to evaluate proposals in relation to annual priorities.

Goal #10: Maintain program and fiscal accountability of service providers and programs under contract with Board.

Objective #1: Evaluate program performance on a quarterly and annual basis.

Objective #2: Investigate the possible options for developing a web based billing system to support fee-for-service contracts and improvement of accountability.

Objective #3: Evaluate provider administrative expenses and cost allocation plans to ensure maximum investment in consumer services.

Goal #11: Respond to State funding reductions for mental health, substance use disorder, intellectual disability, and developmental disability services and supports through administrative efficiencies at the Board level enabling maximum investment in community service grants and contracts.

Objective #1: Continue the administrative services agreement as defined in the Intergovernmental Agreement the Board and the Champaign County Board for the Care and Treatment of Persons with a Developmental Disability.