

**CHAMPAIGN COUNTY MENTAL HEALTH BOARD (CCMHB)**

*And*

**CHAMPAIGN COUNTY BOARD FOR CARE AND TREATMENT OF PERSONS WITH A  
DEVELOPMENTAL DISABILITY (CCDDB)**

**COMMITTEE OF THE WHOLE (COW) STUDY SESSION**

**Minutes – August 16, 2006—6:00p.m**

*Illinois Terminal Building  
45 East University Avenue  
Champaign, IL*

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- MEMBERS PRESENT:** Janet Anderson, Aillinn Dannave, Joyce Dill, Kathryn Hatfield, Deloris Henry, Mike McClellan, Mary Ann Midden, Thom Moore, Deborah Townsend
- MEMBERS EXCUSED:** Ernest Gullerud, Holly Jordan, Michael Smith
- STAFF PRESENT:** Peter Tracy, Executive Director, William Conlin, Nancy Crawford, Mark Driscoll
- STAFF EXCUSED:** Stephanie Howard-Gallo
- OTHERS PRESENT:** Sheila Ferguson, Karen Simms Julie Kartel, Mental Health Center (MHC); Stuart Broz, Marilyn Garman-Starks, Patricia Avery, C-U Area Project (CUAP); Mark Krug, Regional Planning Commission (RPC); George Roth, Consultant; Reverend Warren, Don Moyer Boys & Girls Club (DMBGC); Patty Walters, Developmental Services Center (DSC); Minister Warren, Andre Arrington, Don Moyer Boys & Girls Club (DMBGC); Gladys Hunt, Elaine Shpungin, Mikhail Lyubausky, Psychological Services Center (PSC); Mary Kay Pleck, League of Women Voters (LWV); Maryam AhRaheem, Multicultural Professional Consultants (MPC); Kimberly Fairley, Best Interest of Children (BIOC); Sheryl Bautch, Annie Clay, Family Service (FS); Vic Christensen, Senior Services (SS); Sue Wittman, Prairie Center Health Systems (PCHS); Imani Buzzell, Urban League; Andy Kulczycki, Community Service Center of Northern Champaign County (CSCNCC); Mike Williams, Children’s Advocacy Center (CAC); Harold Davis, TALKS Mentoring; Anh Ha Ho, Refugee Assistance Center (RAC); Morris Mosley, Sam Smith

## **CALL TO ORDER:**

Ms. Midden, CCMHB President, called the meeting to order at 6:00 p.m.

## **ROLL CALL:**

Roll call was taken and a quorum was present.

## **APPROVAL OF MINUTES:**

Minutes from the June 21, 2006 Committee of the Whole meeting were included in the Board packet.

**MOTION: Dr. Moore moved to approve the minutes from the June 21, 2006 Committee of the Whole (COW) study session. Ms. Dannave seconded the motion. A voice vote was taken and the motion passed.**

## **COMMITTEE OF THE WHOLE STUDY SESSION:**

### **African Americans and Mental Health:**

Ms. Imani Buzzell from the Urban League spoke regarding African Americans and obstacles they face in regard to receiving mental health services. Three principles of direct action organizing were identified in order to improve people's lives.

- Win Real Improvements in People's Lives
- Give People a Sense of Their Own Power
- Alter the Relations of Power

Ms. Buzzell invited Morris Mosley, Gladys Hunt, Sam Smith and Maryam AhRaheem to participate in a "fishbowl" discussion regarding mental health services and African Americans. The following points were discussed.

### Problems and Challenges:

- Culturally sensitive services are needed
- Office-based services are not effective
- Misdiagnosis and mistreatment occurs
- An understanding of who is "Family" to the client
- Treatment plans tend to be short-term; and, therefore ineffective
- The criminalization of pathological behavior
- Racism and Prejudice

The "fishbowl" participants opened the floor to Board member questions and comments.

### How do we make services work for African Americans?

- *Alternatives to traditional services need to be devised.*
- *Family driven service plans*
- *Demand accountability for culturally competent services*
- *Demand an urgent response for culturally competent services*

**BOARD ANNOUNCEMENTS:**

None.

**ADJOURNMENT:**

Ms. Midden adjourned the meeting at 8:15 p.m.

Respectfully

Submitted by: \_\_\_\_\_ Approved by: \_\_\_\_\_

Stephanie Howard-Gallo  
CCMHB/CCDDB Staff

Dr. Ernest Gullerud  
CCMHB Vice-President

Date: \_\_\_\_\_

Date: \_\_\_\_\_

*\*Minutes were approved at the 9/20/06 Committee meeting.*