

Champaign County Mental Health Board

In fulfillment of our responsibilities under the Community Mental Health Act, the Champaign County Mental Health Board (CCMHB) presents the following documents for public review:

The CCMHB's Annual Report provides an accounting to the citizens of Champaign County of the CCMHB's activities and expenditures during the period of January 1, 2020 through December 31, 2020.

The CCMHB's Three-Year Plan for the period January 1, 2019 through December 31, 2021 presents the CCMHB's goals for development of Champaign County's system of community mental health, intellectual and developmental disabilities, and substance use disorder services and facilities, with One-Year Objectives for January 1, 2021 through December 31, 2021.

Any questions or comments regarding the CCMHB's activities or the county's behavioral health and developmental disability services can be directed to the Champaign County Mental Health Board; 1776 E. Washington; Urbana, IL 61802; phone (217) 367-5703, fax (217) 367-5741.

Champaign County Mental Health Board

Fiscal Year 2020 Annual Report & Three-Year Plan 2019-2021

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LISTING OF 2020 BOARD MEMBERS AND STAFF

BOARD MEMBERS

Mr. Joseph Omo-Osagie
(President)

Mr. Kyle Patterson
(Vice President)

Dr. Susan Fowler

Dr. Thom Moore

Ms. Elaine Palencia

Dr. Julian Rappaport

Ms. Jane Sprandel

Ms. Kathleen Wirth-Couch

Dr. Jon Paul Youakim

STAFF MEMBERS

Lynn Canfield
Executive Director

Kim Bowdry
Associate Director for Intellectual and Developmental Disabilities

Mark J. Driscoll
Associate Director for Mental Health & Substance Use Disorder Services

Stephanie Howard-Gallo
Operations & Compliance Coordinator

Shandra Summerville
Cultural & Linguistic Competence Coordinator

Chris Wilson
Financial Manager

CCMHB President's Report

As President, it is my pleasure on behalf of the Champaign County Mental Health Board (CCMHB/Board) to present to the citizens of Champaign County the 2020 Annual Report. The report is statutorily required under the Illinois Community Mental Health Act (405 ILCS 20/). The Board meets the mandated reporting requirements and provides additional information detailing funded services and performance as well as including the Three-Year Plan with objectives for the new year. The following pages include a financial accounting of 2020 expenditures, amounts allocated to community agencies by program, and for the two CILA homes. Detailed descriptions of funded services by program and reported utilization follow and is accompanied by charts aggregating reported service data and the commitment of financial resources by the Board. Closing out the report is the Three-Year Plan with Fiscal Year 2021 Objectives.

We started 2020 aware that provider agencies operate in an increasingly challenging fiscal and regulatory environment, with a growing workforce shortage, inadequate state rates for vital services, enrollment and claims issues related to Medicaid managed care, and alarming rates of addiction and suicidality across the country. We talked about the Diseases of Despair and the deadly threat of stigma. 2020 quickly turned into something else, as the COVID-19 pandemic reached the US. The Board took a great interest in its impacts and added service flexibility to all agency contracts. The pandemic has revealed the frailty and disparities of our service systems, with deeply unequal health outcomes across the population. Violence of all sorts continued to plague our communities, with a record number of gun related incidents in Champaign County. While services have been stretched by COVID and its effects, we see less of a demarcation between health and mental health, as well as greater common ground across the urban/rural divide for basic human rights and needs.

During 2020, the Board was again able to offer a family-based model for addressing needs of youth, contracting with Cunningham Children's Home for Families Stronger Together. Another significant achievement is the collaborative effort between the Board and the Champaign County Developmental Disabilities Board to improve the CILA Facilities Project established in 2014, to offer lower rental amounts to the service provider, to transfer ownership for better alignment with the Acts, and to update all related agreements. In an effort to provide long-standing programs with some security regarding current contracts, the Board approved extending the term of ten contracts representing 33% of 2020 awards. The amount of funding the Board has awarded to local agencies has continued to increase over the last four years. For contract year 2020 (7/1/10-6/30/20), the Board awarded \$4,562,151, compared to contract year 2021 (7/1/20-6/30/21) awards of \$4,943,804. As you will see in the following pages, these funds support services to the very young to the very old, to residents of our large towns and cities to our very small rural communities.

In closing, I want to thank you for your interest in the work of the CCMHB. What has been accomplished would not be possible without the commitment of my fellow volunteer board members, including outgoing members Dr. Thomas Moore and Ms. Kathleen Wirth-Couch, and the dedicated staff team, including Mr. Mark Driscoll, who has retired after twenty-two years of outstanding service to our community.

Respectfully,

Joseph Omo-Osagie
CCMHB President, 2020

SECTION I: Financial Reports and Service Data

CHAMPAIGN COUNTY MENTAL HEALTH BOARD

ANNUAL FINANCIAL REPORT

1/1/20 - 12/31/20

	2019	2020
Beginning of the Year Fund Balance	\$ 3,225,111	\$ 3,440,634
REVENUE		
General Property Taxes	\$ 4,813,598	\$ 4,883,873
Back Taxes, Mobile Home Tax & Payment in Lieu of Taxes	13,155	4,824
Local Government Revenue		
Champ County Developmental Disabilities Board	409,175	346,706
Interest Earnings	45,950	7,627
Gifts and Donations	4,706	2,900
Disability Expo	14,275	13,805
Miscellaneous	129,028	80
TOTAL REVENUE	\$ 5,429,887	\$ 5,259,815
EXPENDITURES		
Administration & Operating Expenses:		
Personnel	\$ 517,053	\$ 544,001
Commodities	11,147	12,362
Services	286,377	288,560
Interfund Transfers*	406,505	5,819
Capital Outlay	-	-
Sub-Total	\$ 1,221,082	\$ 850,742
Grants and Contributions:		
Program	3,993,283	4,310,455
Capital	-	-
Sub-Total	\$ 3,993,283	\$ 4,310,455
TOTAL EXPENDITURES	\$ 5,214,364	\$ 5,161,197
 Fund Balance at the End of the Fiscal Year	 \$ 3,440,634	 \$ 3,539,251

*to CILA fund and to CCDDDB fund for share of revenue from Expo donations and miscellaneous

CHAMPAIGN COUNTY CILA FACILITIES

ANNUAL FINANCIAL REPORT

1/1/20 - 12/31/20

REVENUE	2019	2020
From Mental Health Board	\$ 300,000.00	\$ -
From Developmental Disabilities Board	\$ 50,000.00	\$ 50,000.00
Rent	\$ 21,676.00	\$ 16,500.00
Other Misc Revenue	\$ 669.56	\$ 1,995.46
TOTAL REVENUE	<u>\$ 372,345.56</u>	<u>\$ 68,495.46</u>

EXPENDITURES

Mortgage Principal	\$ 398,002.48	\$ -
Mortgage Interest	\$ 10,771.34	\$ -
Commodities	\$ -	\$ 5,536.60
Professional Fees	\$ 6,000.00	\$ 6,000.00
Utilities	\$ 903.92	\$ 738.58
Building/Landscaping Maintenance	\$ 15,041.79	\$ 13,697.45
Building Improvements	\$ -	\$ -
Other Services	\$ 33.62	\$ 2,653.12
TOTAL EXPENDITURES	<u>\$ 430,753.15</u>	<u>\$ 28,625.75</u>

**CHAMPAIGN COUNTY MENTAL HEALTH BOARD
PROGRAM ALLOCATIONS -- FY2020
1/1/20 - 12/31/20**

AGENCY/PROGRAM	TOTAL PAID
CHAMPAIGN COUNTY CHILDREN'S ADVOCACY CENTER	52,754.00
CHAMPAIGN COUNTY CHRISTIAN HEALTH CENTER	
Mental Health Care	13,000.00
CHAMPAIGN COUNTY HEALTH CARE CONSUMERS	
CHW Outreach and Benefit Enrollment	68,630.00
Justice Involved CHW Services & Benefits	64,957.00
Agency Total	133,587.00
CHAMPAIGN COUNTY REGIONAL PLANNING COMMISSION	
Headstart - Early Childhood Mental Health Services	212,286.00
Headstart - Social/Emotional Development Services**	93,608.00
Homeless Services System Coordination	52,744.00
Justice Diversion Program	43,211.00
Youth Assessment Center	76,350.00
Agency Total	478,199.00
CHAMPAIGN URBANA AREA PROJECT	
TRUCE (6 months)	0.00
COMMUNITY SERVICE CENTER OF NORTHER CHAMPAIGN COUNTY	
Resource Connection	67,596.00
COURAGE CONNECTION	
Courage Connection	127,947.00
CRISIS NURSERY	
Beyond Blue Champaign County	75,000.00
CUNNINGHAM CHILDREN'S HOME	
ECHO Housing and Employment Support	83,692.00
Families Stronger Together (6 months)	201,553.00
Parenting Model Planning/Implementation (6 months)	(29,885.00)
Agency Total	255,360.00
DEVELOPMENTAL SERVICES CENTER	
Family Development Center **	586,488.00
DON MOYER BOYS & GIRLS CLUB	
CU Neighborhood Champions	131,035.00
Community Coalition Summer Youth Programs	107,000.00
CU Change	101,762.00
Youth and Family Services	160,000.00
Agency Total	499,797.00
DREAAM HOUSE	
DREAAM	80,000.00
EAST CENTRAL ILLINOIS REFUGEE ASSISTANCE CENTER	
Family Support and Strengthening	56,440.00
FAMILY SERVICE	
Counseling	30,000.00

**CHAMPAIGN COUNTY MENTAL HEALTH BOARD
PROGRAM ALLOCATIONS -- FY2020
1/1/20 - 12/31/20**

AGENCY/PROGRAM	TOTAL PAID
Self Help Center	28,676.00
Senior Counseling and Advocacy	162,350.00
Agency Total	221,026.00
 FIRST FOLLOWERS	
FirstSteps Community Re-Entry House (6 months)	19,800.00
Peer Mentoring for Re-entry	95,000.00
Agency Total	114,800.00
 GROW IN ILLINOIS	
Peer Support	70,548.00
 MAHOMET AREA YOUTH CLUB	
BLAST	15,000.00
Members Matter!	18,000.00
Agency Total	33,000.00
 NATIONAL ALLIANCE ON MENTAL ILLNESS	
NAMI Champaign County	10,000.00
 PROMISE HEALTHCARE	
Mental Health Services with Promise	161,502.00
Promise Healthcare Wellness	38,668.00
Agency Total	200,170.00
 RAPE ADVOCACY COUNSELING EDUCATION SERVICES	
Sexual Violence Prevention Education	66,864.00
 RATTLE THE STARS	
Youth Suicide Prevention Education	70,750.00
 ROSECRANCE CENTRAL ILLINOIS	
Criminal Justice PSC	293,591.00
Crisis, Access, & Benefits	203,960.00
Fresh Start	79,310.00
Prevention Services	60,000.00
Recovery Home	200,000.00
Specialty Courts	203,000.00
Agency Total	1,039,861.00
 UP CENTER OF CHAMPAIGN COUNTY (UNITING PRIDE)	
Children, Youth, and Families Program	31,768.00
 URBANA NEIGHBORHOOD CONNECTIONS	
Community Study Center	25,500.00
GRAND TOTAL	4,310,455.00

** Programs for people with ID/DD, per Intergovernmental Agreement with the Champaign County Developmental Disabilities Board

Service Totals – Brief Narrative of What the Service Categories Represent

The Champaign County Mental Health Board funds a wide range of services through local human service providers of varying size and sophistication. The CCMHB invests in services that range from helping mothers and families with newborn babies into early childhood to supporting youth through adolescence and young adulthood to assisting adults and families dealing with life's challenges to helping the elderly with activities of daily living. The not for profit and government agencies that provide services with CCMHB funds range from small agencies with only a few employees and volunteers to large multi-million dollar agencies with over a hundred employees. Descriptions of the service activities supported in current and previous years are available at <http://www.co.champaign.il.us/MHBDDDB/PublicDocuments.php> and <http://ccmhddbrds.org>.

Regardless of their size, agencies are required to report on services delivered using four categories. Those categories must be broad enough to provide a certain amount of flexibility to account for how and to whom the programs delivered services. The four categories are Community Service Event (CSE), Service Contact (SC), Non-Treatment Plan Client (NTPC), and Treatment Plan Client (TPC). Each agency is allowed to define within each category what will be reported. Definitions of CSEs and SCs relate to types of activities. Definitions of TPCs and NTPCs relate to who has been served and require a certain level of documentation associated with the service. Some programs may only report under one of the categories, others may report on all four. Which and how many categories an agency reports activity under depends on the services provided by the program.

Community Service Events (CSEs) can be public events, work associated with a news interview or newspaper article, consultations with community groups and caregivers, classroom presentations, and small group workshops and training to promote a program or educate the community. Meetings directly related to planning such events may also be counted here. Examples are the Family Service Self-Help Center planning and hosting of a self-help conference or newsletters published by the East Central Illinois Refugee Mutual Assistance Center.

A Service Contact (SC), also referred to as a screening contact or service encounter, represents the number of times a program has contact with consumers. Sometimes this can be someone who is being served by the program. Or it can be sharing of information, fielding a call about services, or doing an initial screenings or assessment. An example of a service contact would be the volume of calls answered by the Crisis Line at Rosecrance.

A Non-Treatment Plan Client (NTPC) is someone to whom services are provided and there is a record of the service but does not extend to a clinical level where a treatment plan is necessary or where one would be done but does not get completed. An example is a person who comes into the domestic violence shelter at Courage Connection but leaves within a few days before fully engaging in services.

A Treatment Plan Client (TPC) has traditionally meant people engaged in services where an assessment and treatment plan have been completed and case records are maintained. This applies to agencies such as Promise Healthcare, Rosecrance Central Illinois, and others. It can also represent an individual receiving a higher level of care within the spectrum of services provided within a program.

Most contracts are funded as grants while a few are paid on a fee for service basis. Those operating on a fee for service basis have additional detail included in the table. Fee for service detail includes number and type of units of service the program delivered to clients.

Utilization Summaries for PY2020
Champaign County Mental Health Board Funded Programs

Detail on each program's performance toward defined consumer outcomes during the funding year of July 1, 2019 to June 30, 2020 is available at <http://ccmhddbrds.org>, among downloadable public files toward the bottom of the page. The relevant document is titled "CCMHB PY20 Performance Outcome Reports."

TPC = Treatment Plan Client

NTPC = Non-Treatment Plan Client

CSE = Community Service Event

SC = Screening Contact or Service Contact

Other, as defined in individual program contract

Priority: Intellectual/Developmental Disabilities - Collaboration with Champaign County Developmental Disabilities Board (CCDDDB)

Champaign County Regional Planning Commission Head Start/Early Head Start Social Emotional Development Services \$112,004 (CCMHB & CCDDDB)

Program seeks to identify and address social-emotional concerns in the early childhood period, as well as to promote mental health among all Head Start children. The social-emotional portion of the program focuses on aiding the development of self-regulation, problem solving skills, emotional literacy, empathy, and appropriate social skills. Accomplishments in these areas will affect a child's ability to play, love, learn and work within the home, school and other environments. All fit together to form the foundation of a mentally healthy person.

Utilization targets: 80 TPC, 70 NTPC, 20 CSE, 700 SC, 10 Other (newsletter articles, staff training)

Utilization actual: 52 TPC, 29 NTPC, 17 CSE, 638 SC, 16 Other

Developmental Services Center

Family Development Center \$579,148

Program serves children birth to five years old, with or at risk of developmental disabilities, and their families. FDC responds to needs with culturally responsive, innovative, evidence-based services. Early detection and prompt, appropriate intervention can improve developmental outcomes for children with delays and disabilities and children living in at-risk environments. Family-centered intervention maximizes the gifts and capacities of families to provide responsive intervention within familiar routines and environments.

Utilization targets: 655 TPC, 200 SC, 300 CSE

Utilization actual: 724 TPC, 146 SC, 374 CSE

Individual Advocacy Group CILA Expansion \$50,000 (CCMHB and CCDDDB)

This annual investment pays for mortgage and property management costs of two of the three local small group homes run by Individual Advocacy Group, which was selected in 2014 through an RFP process to provide services to people with I/DD living in MHB/DDB owned-homes. During 2019, the CCMHB contributed a larger share in order to pay off

the mortgage loan in full; the CCDDDB continues to transfer \$50,000 into the fund each year until their total payments are equal to the CCMHB contribution.

Utilization: 6 TPCs with staffing ratios from 1:4 to 2:3 and a choice between IAG 'Flexible Day Experience' and community day programs run by other local providers.

Priority: System of Care for Children, Youth, and Families

Champaign County Children's Advocacy Center (CAC)

Children's Advocacy \$52,754

Promoting healing and justice for children/youth who have been sexually abused. The CAC provides: a family-friendly initial investigative interview site; supportive services for the child and non-offending family, promoting healing; and abuse investigation coordination. Most of the young people served are victims of sexual abuse. CAC services are also provided to those children/youth who are victims of severe physical abuse and to victims of child trafficking. Trauma inflicted by these crimes is deep; with the right help the young person can begin to heal.

Utilization targets: 200 TPC, 25 NTPC, 225 SC, 12 CSE

Utilization actual: 329 TPC, 53 NTPC, 257 SC, 9 CSE

Champaign County RPC Head Start/Early Head Start

Early Childhood Mental Health Services \$214,668

Support from an Early Childhood Mental Health Assistant including: assisting teaching staff and parents in writing individualized social-emotional goals to include in lesson plans for children identified through screening; developing with parents and teaching staff an Individual Success Plan for children who exhibit challenging behaviors; offering teachers social and emotional learning strategies; monitoring children's progress and outcomes; and providing information to families and staff. Facilitation of meetings with a child's parent(s) and teaching staff throughout the process of the child receiving services as well as supporting parents and teaching staff with resources, training, coaching, and modeling.

Utilization targets: 50 TPC, 50 NTPC, 1800 SC, 5 CSE, 50 Other

Utilization actual: 105 TPC, 325 NTPC, 3417 SC, 20 CSE, 325 Other

Champaign Urbana Area Project

TRUCE \$25,000 (six months)

TRUCE addresses gun violence preventively from a public health perspective. Under this public health approach, first posited by Gary Slutkin, the epidemiologist creator of "Cease Fire" at the University of Chicago, the spread of violence is likened to the spread of an infectious disease and should be treated in much the same way: go after the most infected and stop it at its source. TRUCE engages the community in reducing violence by: 1) interrupting the transmission of the violence; 2) reducing the risk of the highest risk; and 3) changing community norms.

Utilization targets: 16 NTPC, 125 SC, 190 CSE, 25 Other

Utilization actual: 26 NTPC, 52 SC, 416 CSE, 6 Other (three quarters)

(First two quarters: 15 NTPC, 33 SC, 303 CSE, 6 Other)

Courage Connection

Courage Connection \$127,000

A family's immediate safety is intimately connected to their long-term success. A community's stability is threatened when any family is in danger. Courage Connection helps victims and survivors of domestic violence rebuild their lives through advocacy, housing, counseling, court advocacy, self-empowerment, community engagement, and community collaborations.

Utilization targets: 425 TPC, 110 NTPC, 600 SC, 150 CSE

Utilization actual: 537 TPC, 174 NTPC, 899 SC, 117 CSE

Crisis Nursery

Beyond Blue – Champaign County \$75,000

Beyond Blue serves mothers who have or are at risk of developing perinatal depression (PD), targeting mothers who demonstrated risk factors for PD and are pregnant or have a child under age one. Individual and group support and education to facilitate healthy parent-child engagement. Research suggests that 10-20% of mothers suffer from PD, nearly half are undiagnosed. Addresses risk factors that lead to emotional disturbances and multiagency and system involvement in children. Works to increase awareness of PD and reduce stigma.

Utilization targets: 33 TPC, 77 NTPC, 522 SC, 128 CSE, 2275 Other (hours of in-kind/respice care)

Utilization actual: 30 TPC, 90 NTPC, 472 SC, 138 CSE, 654 Other

Cunningham Children's Home

Parenting Model Planning & Implementation (NEW) \$280,995

Planning Phase from July to December 2019: Cunningham administration facilitated the planning phase to review the PLL model and other models that address similar needs. Stakeholders participating in this process included: representation from the CCMHB, Youth and Family Peer Support Alliance, Youth Assessment Center, University of Illinois Psychology and Social Work Departments, School Districts, and Juvenile Justice. Implementation Phase: the recommended program began in January 2020 and continued through the remainder of the grant period.

Utilization targets: 13 TPC, 12 NTPC

Utilization actual: 6 TPC, 5 NTPC, 154 SC, 14 CSE

DREAAM House

DREAAM \$80,000

DREAAM is a prevention and early intervention program for boys aimed at cultivating academic excellence and social emotional health. Designed to increase positive outcomes (academic achievement, self-efficacy, social mobility) and decrease negative outcomes (suspensions, low educational performance, violence). Evidence-informed components: 1) day-long summer program, 2) 5-day week, after-school program, 3) school-based mentoring, 4) Saturday athletic

activities, and 5) family engagement and training. Embedded in each component is social emotional learning and behavioral health instruction to foster transfer of skills from DREAM House to school to home.

Utilization actual: 65 TPC, 100 NTPC, 215 SC, 25 CSE

Utilization actual: 80 TPC, 111 NTPC, 208 SC, 28 CSE

Don Moyer Boys & Girls Club

CU Change \$100,000

The program seeks to impact under-resourced youth with potential for high school graduation by providing group and individual support, counseling, life skills training, and exposure to positive cultural and healthy life choices. Emphasizes academic support, community engagement, interactive, hands on learning experiences and exposure to positive life alternatives. Assists youth with navigating obstacles to success in the school environment, increasing positive peer and community involvement and developing a positive future plan.

Utilization targets: 50 TPC, 42 NTPC, 550 SC, 150 CSE

Utilization actual: 56 TPC, 34 NTPC, 175 SC, 66 CSE

Don Moyer Boys & Girls Club

CU Neighborhood Champions \$110,195

An initiative designed to increase community understanding of trauma and expand community capacity to implement trauma-informed practices and procedures. Goals are: addressing the needs of those impacted by trauma and violence and creating more supportive and healed communities. Accomplished through training community members, focusing on youth leaders and elder helpers, and educating the community about trauma and trauma-informed care to support the creation of community-based trauma response teams.

Utilization targets: 40 TPC, 35 NTPC, 255 SC, 23 CSE

Utilization actual: 37 TPC, 60 NTPC, 537 SC, 112 CSE

Don Moyer Boys & Girls Club

Community Coalition Summer Initiatives \$107,000

An initiative designed to increase community understanding of trauma and expand community capacity to implement trauma-informed practices and procedures. Goals are: addressing the needs of those impacted by trauma and violence and creating more supportive and healed communities. Accomplished through training community members, focusing on youth leaders and elder helpers, and educating the community about trauma and trauma-informed care to support the creation of community-based trauma response teams.

Utilization targets: 875 NTPC, 17600 SC, 60 CSE, 1000 Other

Utilization actual: 675 NTPC, 20250 SC, 60 CSE, 1000 Other

Don Moyer Boys & Girls Club

Youth and Family Services \$160,000

Family-driven, youth-guided services for and with families and children experiencing mental health and/or emotional challenges. Supports are offered at

home, in school, and in the community for optimal recovery. Partnering with caregivers to provide the best-fit, most comprehensive services and supports possible. Peer-driven support from those with lived experiences and challenges, educational opportunities to make informed decisions, and technical support to help navigate complicated systems for the best possible outcomes for each individual and their family.

Utilization targets: 30 TPC, 70 NTPC, 500 SC, 50 CSE

Utilization actual: 21 TPC, 12 NTPC, 552 SC, 32 CSE

Mahomet Area Youth Club

Bulldogs Learn & Succeed Together (BLAST) \$15,000

MAYC's BLAST Programming for students K-12 includes enrichment activities, academic help, and cultural and community-based programming. MAYC partnered with Mahomet Seymour Schools District in this endeavor for several reasons: it allows the use of district facilities, providing a safe and structured environment, children participate in activities in their own school community, additional contact with teachers, school staff, social workers, and guidance counselors, specialized learning spaces (including computer labs, gyms, music and art rooms), access to a variety of caring community volunteers, and most importantly, an inclusive environment that brings students from all economic backgrounds together. Open to all students but targeting low income and/or struggling students, making the program available at no cost.

Utilization targets: 4 TPC, 116 NTPC, 2500 SC, 1000 CSE

Utilization actual: 33 TPC, 125 NTPC, 2216 SC, 1040 CSE

Mahomet Area Youth Club

MAYC Members Matter! \$18,000

Program for students K-12 includes enrichment activities, academic help, and cultural and community-based programming. Partnered with Mahomet Seymour Schools to allow for the use of district facilities, provide a safe and structured environment, participation in activities in school community, additional contact with teachers, school staff, social workers, and guidance counselors, specialized learning spaces, access to caring community volunteers, and an inclusive environment bringing students from all economic backgrounds together.

Utilization targets: 5 TPC, 130 NTPC, 2000 SC, 200 CSE

Utilization actual: 10 TPC, 163 NTPC, 1737 SC, 146 CSE

NAMI Champaign County

NAMI Champaign County (NEW) \$10,000

NAMI (National Alliance on Mental Illness) of Champaign County Illinois offers free information and support to people living with mental health problems and their families. NAMI Ending the Silence is an engaging presentation that helps audience members learn about the warning signs of mental health conditions and what steps to take if you or a loved one are showing symptoms of a mental illness. Other program offerings include: NAMI Family-to-Family; NAMI in Our Own Voice (IOOV); and NAMI Family Support Group.

Utilization targets: 45 CSE

Utilization actual: 54 CSE

Rape Advocacy, Counseling & Education Services

Sexual Violence Prevention Education \$63,000

Rape Advocacy, Counseling & Education Services (RACES) is the only agency charged with providing comprehensive services to victims of sexual assault in Champaign County. Trauma-informed counseling, 24-hour crisis hotline, and in-person advocacy at hospital Emergency Departments and at meetings with law enforcement or Courthouse. Also offers prevention education to thousands of local children and adults per year and conducts community events to further the aim to create a world free of sexual violence.

Utilization targets: 1500 (# attending) SC, 200 CSE, 40 Other (media contacts)

Utilization actual: 4242 (# attending) SC, 624 CSE, 19 Other

Rosecrance Central Illinois

Prevention Services \$60,000

An evidence-based life skills and drug education curriculum for Champaign County students. Programs available for preschool through high school. Sessions on health risks associated with the use of alcohol, tobacco and other drugs. Life skills sessions may include instruction on and discussion of refusal skills, self-esteem, communicating with parents, and related social issues. Prevention team are active members of several anti-drug and anti-violence community-wide coalitions working to reduce youth substance abuse.

Utilization targets: 975 CSE

Utilization actual: 1021 CSE

UP Center of Champaign County

Children, Youth & Families Program \$31,768

Program serves LGBTQ adolescents aged 11-18; LGBTQ families; and children dealing with issues related to the stigmatization of their gender and sexual identifications and identities. Services include provision of social-emotional supports, non-clinical crisis intervention, case management referrals, risk reduction strategies, strengths development, community-building events, and management of adult volunteers within this program. Program provides a weekly adolescent non-clinical support group.

Utilization targets: 3 TPC, 30 NTPC, 60 SC, 40 CSE

Utilization actual: 0 TPC, 51 NTPC, 162 SC, 100 CSE

Urbana Neighborhood Connections

Community Study Center \$25,500

Empowerment zone which youth benefit from productive year-round academic, recreational, and social-emotional supplements. Point of contact for information, linkage and referral to community resources. Study Center provides opportunity to engage school aged youth in non-traditional, practical intervention and prevention approaches for addressing difficulties. In individual and group

activities facilitated/supervised by program staff and volunteers, participants can process feelings in a secure and supportive environment.

Utilization targets: 150 NTPC

Utilization actual: 158 NTPC

Priority: Behavioral Health Supports for People with Justice Involvement

Champaign County Health Care Consumers

Justice Involved CHW Services & Benefits (NEW) \$54,775

Community Health Worker services (as below), for people at the Champaign County jail. Services are offered on-site, to improve access to care upon discharge/release. Provider also coordinates with related programs and coalitions, toward improved response for those in crisis or incarcerated.

Utilization targets: 140 TPC, 20 NTPC, 350 SC, 6 CSE, 30 Other (Rx fund)

Utilization actual: 58 TPC, 11 NTPC, 142 SC, 20 CSE, 3 Other (Rx fund)

Champaign County Regional Planning Commission – Community Services

Justice Diversion Program \$75,308

The Justice Diversion Program is the primary connection point for case management and services for persons who have Rantoul Police Department Crisis Intervention Team (CIT) and/or domestic contacts, offering case management with a goal to reduce criminal recidivism and help clients develop and implement plans to become successful and productive members of the community, offering law enforcement an alternative to formal processing. The JDP develops additional community resources and access to services in Rantoul.

Utilization targets: 50 TPC, 70 NTPC, 250 SC, 24 CSE

Utilization actual: 9 TPC, 53 NTPC, 143 SC, 16 CSE

Champaign County Regional Planning Commission – Community Services

Youth Assessment Center (YAC) \$76,350

The YAC screens youth for risk factors and links youth/families to support and restorative community services. The YAC provides an alternative to prosecution for youth involved in delinquent activity. Case managers, using Trauma Informed Care and BARJ principles, screen juvenile offenders referred to our program to identify issues that might have influenced the offense and link youth to services to address the identified issues. Focused on helping youth be resilient, resourceful, responsible and contributing members of society.

Utilization targets: 63 TPC, 20 NTPC, 50 SC, 60 CSE, 60 Other (1st time refer)

Utilization actual: 35 TPC, 1 NTPC, 31 SC, 29 CSE, 61 Other (1st time referral)

Family Service of Champaign County

Counseling \$30,000

Affordable, accessible counseling services to families, couples and people of all ages. Clients are given tools and supports to successfully deal with life

challenges such as divorce, marital and parent/child conflict, depression, anxiety, abuse, substance abuse/dependency and trauma. Strength-based, client driven services utilize family and other natural support systems and are respectful of the client's values, beliefs, traditions, customs and personal preferences.

Utilization targets: 35 TPC, 30 NTPC

Utilization actual: 38 TPC, 24 NTPC

First Followers

Peer Mentoring for Re-entry \$95,000

Mission is to build strong and peaceful communities by providing support and guidance to the formerly incarcerated, their loved ones, and the community. Offers assistance in job searches, accessing housing and identification as well as emotional support to assist people during the transition from incarceration to the community. In addition, we carry out advocacy work aimed at reducing the stigma associated with felony convictions and attempt to open doors of opportunity for those with a criminal background.

Utilization targets: 42 TPC, 240 NTPC, 45 SC, 10 CSE

Utilization actual: 37 TPC, 45 NTPC, 23 SC, 9 CSE

Rosecrance Central Illinois

Criminal Justice PSC \$304,350

Individuals at the Champaign County Jail receive screening and, as appropriate, mental health assessment, substance abuse assessment, counseling, case management, individual and/or intensive outpatient substance abuse treatment, and linkage to additional supports as needed in the community.

Utilization targets: 150 TPC, 265 NTPC

Utilization actual: 70 TPC, 143 NTPC, 535 SC, 128 Other (group sessions)

Rosecrance Central Illinois

Fresh Start \$79,310

Aimed at addressing the root cause of the violence, customized for our community in coordination with the Champaign Community Coalition's Fresh Start Initiative, involving a 3-pillar approach – Community, Law Enforcement, and a Case Manager. Identifies and focuses on individuals with history of violent, gun-related behaviors. Participants are offered an alternative to violence, with intensive case management, assistance accessing services (such as medical, dental, behavioral health) to address immediate personal or family issues and to overcome barriers to employment, housing, education.

Utilization targets: 23 TPC, 10 NTPC, 10 SC, 120 CSE, 40 Other

Utilization actual: 16 TPC, 14 NTPC, 10 SC, 261 CSE, 43 Other

Rosecrance Central Illinois

Specialty Courts \$203,000

People sentenced to Champaign County Drug Court receive substance use disorder assessment, individualized treatment planning, individual counseling sessions, and a wide array of education and therapeutic groups. Case manager

provides intensive case management to connect the clients to overcome barriers to treatment, such as access to food, clothing, medical and dental services, mental health treatment, employment, housing, education, transportation, and childcare.

Utilization targets: 80 TPC, 1600 SC, 5 CSE, Other 300 hours case management, 1200 hours counseling. "Other" represents services funded by other sources leveraged through CCMHB support for non-billable activities crucial to the operation of the Specialty Court.

Utilization actual: 51 TPC, 1467 SC, 3 CSE, Other 35 hours assessment, 962.64 hours case management, 4784.91 hours counseling.

Priority: Innovative Practices and Access to Community Based Behavioral Health Services

Champaign County Christian Health Center

Mental Health Care at CCCHC (NEW) \$13,000

CCCHC patients may receive mental health screenings, primary care, prescriptions, and referrals to specialized care as needed. Any uninsured and underinsured resident of Champaign County, typically between the ages of 18 and 64, is eligible. Primary care providers treat or refer those with MH conditions, especially anxiety and depression. With this grant CCCHC will recruit new psychiatrists, psychologists, and counselors to provide direct MH care, greatly enhancing community resources. Recruiting strategies: contacting hospitals and health care facilities to promote CCCHC; targeting organizations that have potential MH volunteers; and connecting with a psychiatrist who runs a residency program to bring services to CCCHC patients.

Utilization targets: 80 TPC, 50 NTPC, 6 CSE

Utilization actual: 127 TPC, 0 NTPC, 1 CSE

Champaign County Health Care Consumers

CHW Outreach & Benefit Enrollment (NEW) \$59,300

Enrollment in health insurance and other public benefit programs; help with maintenance of benefits; case management; education and outreach. Enrollment in Medicaid, Medicaid Managed Care, private plans through ACA Marketplace, Medicare for those eligible by virtue of age or disability, Medicare Extra Help, Medicare Savings Program to reduce the out of pocket costs, hospital/clinic financial assistance programs. Help applying for Promise Healthcare's sliding scale and completing the new patient packet. In-house Rx Fund for low-income individuals, enrollment in pharmaceutical assistance programs, SNAP and SafeLink phone program. Access to affordable dental and vision care. Case-management, referrals and advocacy to access other benefits and social services.

Utilization targets: 275 TPC, 45 NTPC, 650 SC, 7 CSE, 40 Other (Rx fund)

Utilization actual: 90 TPC, 44 NTPC, 596 SC, 38 CSE, 24 Other (Rx fund)

Champaign County Regional Planning Commission – Community Services

Homeless Services System Coordination (NEW) \$51,906

Homeless Services System Coordination program supports a position to: support, facilitate, and direct the IL-503 Continuum of Care (CoC); to support the body's mission to end homelessness in Champaign County through a coordinated network of resources for those who are homeless or at-risk of becoming homeless; coordinate efforts across the CoC membership to support its goals and the Homeless Emergency and Rapid Transition to Housing (HEARTH) Act regulations; and build and maintain collaborative partnerships with CoC membership and affiliates, working closely with the CoC Executive Committee.

Utilization targets: 15 NTPC, 40 SC, 18 CSE

Utilization actual: 22 NTPC, 53 SC, 27 CSE

Community Service Center of Northern Champaign County

Resource Connection \$67,596

A multi-service program aimed at assisting residents of northern Champaign County with basic needs and connecting them with mental health and other social services. Serves as a satellite site for various human service agencies providing mental health, physical health, energy assistance, and related social services. Features an emergency food pantry, prescription assistance, clothing and shelter coordination, and similar services for over 1,700 households in northern Champaign County.

Utilization targets: 1400 NTPC, 5900 SC, 2850 Other (contacts with other agencies using CSCNCC as a satellite site)

Utilization actual: 1309 NTPC, 4031 SC, 1886 Other

Cunningham Children's Home

ECHO \$95,773

Works closely with individuals who are homeless or at risk of homelessness, through intensive case management and care coordination geared towards promoting permanent housing and employment and resolving barriers. The Case Manager takes a holistic approach to supportive services by countering possible barriers to goal stability (e.g., basic needs, child care, physical health, and mental health). Participants receive weekly services that last until 90 days after obtaining both housing and employment.

Utilization targets: 24 TPC, 20 NTPC, 876 SC, 24 CSE

Utilization actual: 25 TPC, 5 NTPC, 980 SC, 46 CSE

East Central IL Refugee Mutual Assistance Center

Family Support and Strengthening \$56,440

Supports and strengthens refugee and immigrant families transitioning and adjusting to American culture and expectations. Provides orientation, information/referral, counseling, translation/interpretation services, culturally

appropriate educational workshops, and help accessing entitlement programs. Bi-monthly newsletter and assistance to refugee/immigrant mutual support groups. Staff speaks nine languages and accesses community volunteers to communicate with clients in languages not on staff.

Utilization targets: 75 CSE, 30 Other (hours of workshops)

Utilization actual: 111 CSE, 17.5 Other

Family Service of Champaign County

Self-Help Center \$28,430

Information about and referral to local support groups. Provides assistance to develop new support groups and maintaining and strengthening existing groups. Program maintains a database of Champaign County support groups, national groups, and groups in formation. Information is available online and in printed directory and specialized support group listings. Provides consultation services, workshops, conferences, educational packets and maintains a lending library of resource materials.

Utilization target: 270 CSE

Utilization actual: 271 CSE

Family Service of Champaign County

Senior Counseling & Advocacy \$162,350

For Champaign County seniors and their families. Services are provided in the home or in the community. Caseworkers assist with needs and challenges faced by seniors, including grief, anxiety, depression, isolation, other mental health issues, family concerns, neglect, abuse, exploitation and need for services or benefits acquisition. Assists seniors providing care for adult children with disabilities and adults with disabilities age 18-59 experiencing abuse, neglect or financial exploitation.

Utilization targets: 285 TPC, 550 NTPC, 7500 SC

Utilization actual: 418 TPC, 531 NTPC, 1937 SC

GROW in Illinois

Peer Support \$77,239

Mutual-help; peer to peer 12-step program provides weekly support groups for mental health sufferers of all races and genders. GROW compliments the work of professional providers by connecting people with others in similar situations and empowering participants to do that part which they can and must be doing for themselves and with one another. While professional providers offer diagnosis and treatment, consumer-providers offer essential rehabilitation and prevention services because of firsthand experience with the recovery process.

Utilization targets: 110 NTPC, 1000 SC, 4 CSE

Utilization actual: 94 NTPC, 791 SC, 73 CSE

Promise Healthcare

Mental Health Services with Promise \$242,250

Promise Healthcare provides on-site mental health services to achieve the integration of medical and behavioral health care as supported by both the

National Council for Community Behavioral Healthcare and the National Association of Community Health Centers. Mental health and medical providers collaborate, make referrals, and even walk a patient down the hall to meet with a therapist. Patients receive mental illness treatment through counselor, psychiatrist or primary care provider. Includes child and adolescent psychiatric services (fall 2019 only).

Utilization targets: Counseling Services: 370 TPC, 2000 SC. Psychiatric Services: 1600 in psychiatric practice, 850 getting psych meds through primary care, 7500 psychiatric service encounters, 10 lunch and learn sessions. Pediatric Psychiatric Services: 200 SC and 70 TPC

Utilization actual: Counseling Services: 334 TPC, 1814 SC. Psychiatric Services: 1829 in psychiatric practice, 1097 getting psych meds through primary care, 8914 psychiatric service encounters, 3 lunch and learn sessions. Pediatric Psychiatric Services: 122 SC and 39 TPC

Promise Healthcare

Promise Healthcare Wellness \$58,000

Provides support, case management, and benefit enrollment for patients with non-clinical barriers to achieving optimum medical and mental health. Targets hundreds of patients who have a mental health diagnosis and a chronic medical condition and those at risk of or who have had a justice system encounter. Coordinators work with patients to remove barriers to optimum medical and mental health. Facilitates care at satellite location, and supports collaborations with other agencies, and community outreach.

Utilization actual: 150 TPC, 150 NTPC, 600 SC, 27 CSE, 2000 Other (enrolled in healthcare coverage)

Utilization actual: 202 TPC, 250 NTPC, 1337 SC, 21 CSE, 1456 Other

Rattle the Stars

Youth Suicide Prevention Education \$55,000

Designed to build skills and improve competence to encourage intervention between peers, and by parents and adults. Covering three core areas for intervention: what to look for to recognize mental illness, mental health crises, and suicidal thoughts; how to intervene by using appropriate and effective communication skills; and accessing necessary resources for professional care. Program is developed from evidence informed models and adheres to best practices suggested by nationally recognized mental health and suicide prevention agencies.

Utilization targets: 150 CSE

Utilization actual: 74 CSE

Rosecrance Central Illinois

Crisis, Access, & Benefits \$203,960

A 24-hour program including Crisis Team and Crisis Line. Clinicians provide immediate intervention by responding to crisis line calls and conducting crisis assessments throughout Champaign County. The Crisis Team works closely with

hospitals, local police, the University, and other local social service programs. Offers access services including information, triage, screening, assessment, and referral for consumers and members of the community.

Utilization targets: 500 NTPC (intake screening or mental health assessments), 3000 SC (crisis calls), 15 CSE, Other = 150 benefits applications

Utilization actual: 536 NTPC (intake screening or mental health assessments), 2857 SC (crisis calls), 24 CSE, Other = 160 benefits applications. Program also reports 1129 Crisis team contacts (not a subset of crisis calls) and 1119 mental health assessments by Crisis team.

Rosecrance Central Illinois

Recovery Home \$200,000

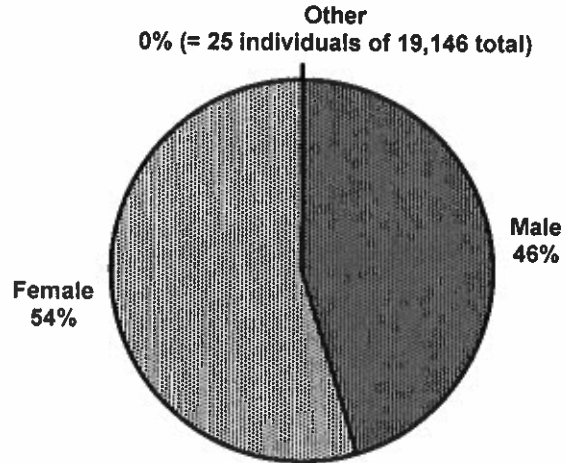
Therapeutic interventions that facilitate: removal of barriers for safe/supportive housing; 12-Step support involvement; independent living skills; education/vocational skills; identification and use of natural supports; use of community resources; and peer support. Evidence based practices to be used include: 12-Step model and peer support; Level system; Case Management; and Contingency management initiatives.

Utilization targets: 45 TPC, 56 SC

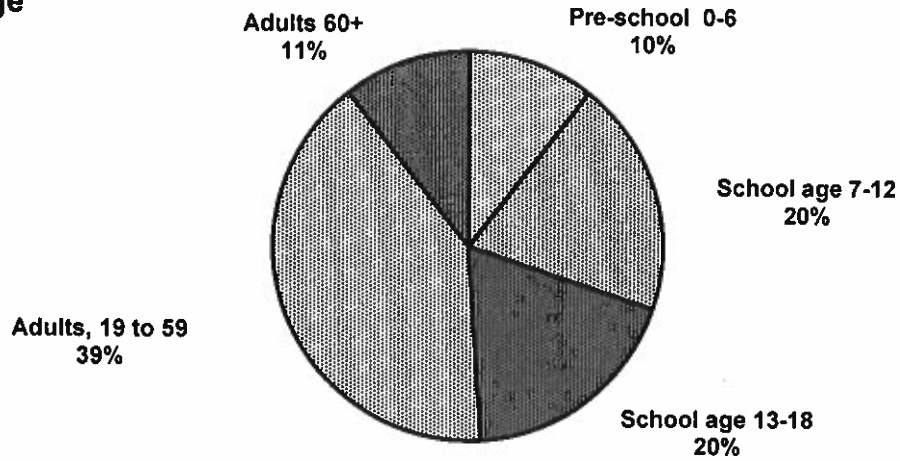
Utilization actual: 23 TPC, 84 SC

Demographic and Residency Data for Persons Served in Program Year 2020

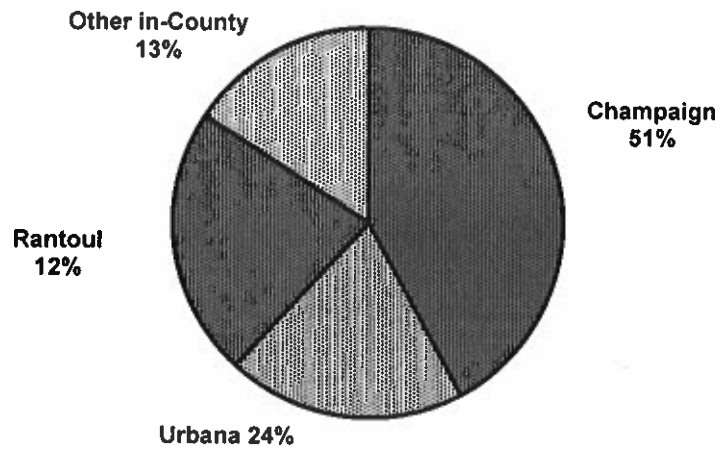
Gender



Age



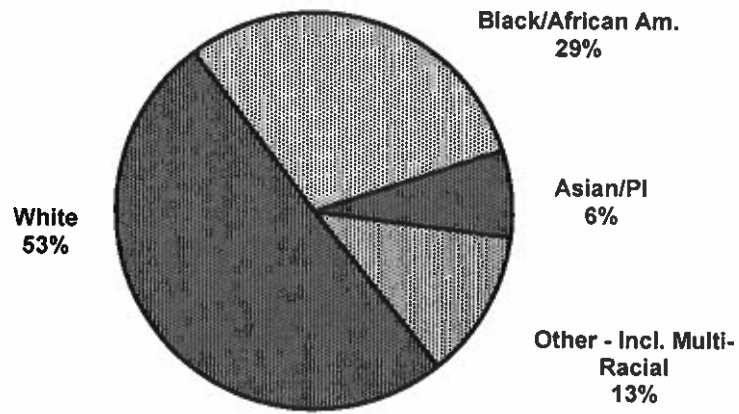
Residency



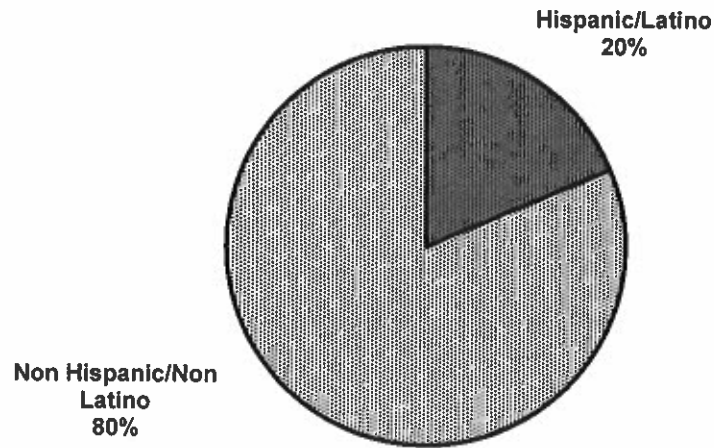
Demographic and Residency Data for Persons Served in Program Year 2020

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Race

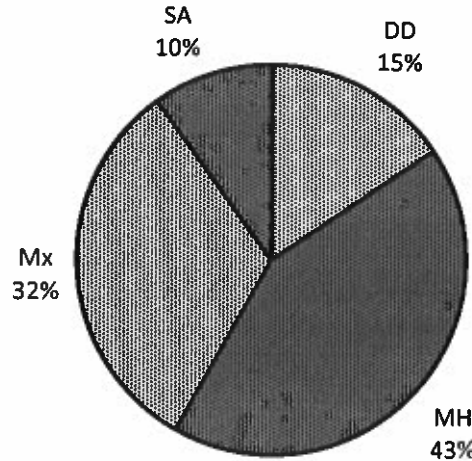


Ethnic Origin

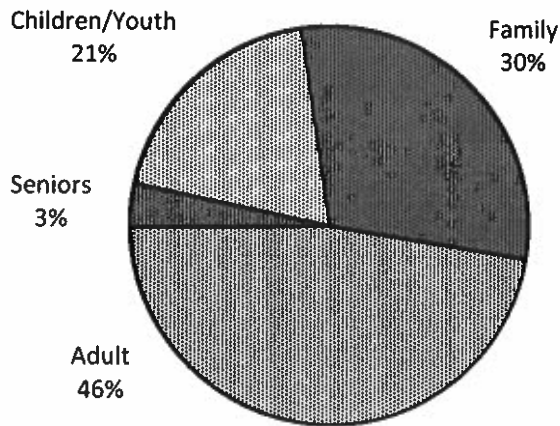


Funding by Sector, Population, and Service in Program Year 2020 (PY20)

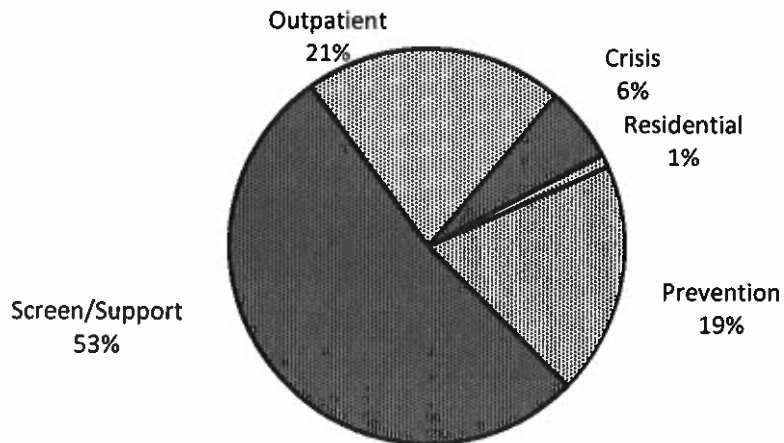
CCMHB PY20 Appropriation by Community Mental Health Sector



CCMHB PY20 Appropriation by Target Population



CCMHB PY20 Appropriation by Type of Service



**SECTION II: Three-Year Plan 2019-2021
with FY 2021 One-Year Objectives**

**CHAMPAIGN COUNTY MENTAL HEALTH BOARD
THREE-YEAR PLAN
FOR**

**FISCAL YEARS 2019 - 2021
(1/1/19 – 12/31/2021)**

**WITH
ONE YEAR OBJECTIVES
FOR**

**FISCAL YEAR 2021
(1/1/21 – 12/31/21)**

CHAMPAIGN COUNTY MENTAL HEALTH BOARD

WHEREAS, the Champaign County Mental Health Board has been established under Illinois Revised Statutes (405 ILCS – 20/Section 0.1 et. seq.) in order to "construct, repair, operate, maintain and regulate community mental health facilities to provide mental health services as defined by the local community mental health board, including services for, persons with a developmental disability or substance use disorder, for residents thereof and/or to contract therefor..."

WHEREAS, the Champaign County Mental Health Board is required by the Community Mental Health Act to prepare a one- and three-year plan for a program of community mental health services and facilities;

THEREFORE, the Champaign County Mental Health Board does hereby adopt the following Mission Statement and Statement of Purposes to guide the development of the mental health plan for Champaign County:

MISSION STATEMENT

The mission of the CCMHB is the promotion of a local system of services for the prevention and treatment of mental or emotional, intellectual or developmental, and substance use disorders, in accordance with the assessed priorities of the citizens of Champaign County.

STATEMENT OF PURPOSES

1. To plan, coordinate, evaluate and allocate funds for the comprehensive local system of mental health, intellectual and developmental disabilities, and substance use disorder services for Champaign County.
2. To promote family-friendly community support networks for the at-risk, underserved and general populations of Champaign County.
3. To increase support for the local system of services from public and private sources.
4. To further develop the systematic exchange of information about local services and needs between the public/private service systems and the CCMHB.

In order to accomplish these purposes, the Champaign County Mental Health Board must collaborate with the public and private sectors in providing the resources necessary for the effective functioning of the community mental health system.

SYSTEMS OF CARE

Goal #1: Support a continuum of services to improve the quality of life experienced by individuals with mental or emotional disorders, substance use disorders, or intellectual and/or developmental disabilities and their families residing in Champaign County.

Objective #1: Expand use of evidence-informed, evidence-based, best practice, recommended, and promising practice models appropriate to the presenting need in an effort to improve outcomes for individuals across the lifespan and for their families and supporters. (Allocation Priority/Criteria Objective)

Objective #2: Promote wellness for people with mental illnesses, substance use disorders, or intellectual and/or developmental disabilities to prevent and reduce early mortality, through support services including access to services addressing basic needs, enrollment in benefit plans and coordinated access to primary care. (Allocation Priority/Criteria Objective)

Objective #3: Support development or expansion of residential and employment supports for persons with behavioral health diagnosis not covered under expansion of Medicaid or the Affordable Care Act. (Allocation Priority/Criteria Objective)

Objective #4: Support broad based community efforts to prevent opiate overdoses and expand treatment options. (Allocation Priority/Criteria Objective)

Objective #5: Build resiliency and support recovery e.g. Peer Supports, outside of a clinical setting. (Allocation Priority/Criteria Objective)

Objective #6: Build evaluation capacity of contracted providers utilizing expertise of evaluators from the Department of Psychology at the University of Illinois to further positive outcomes of those engaging in funded services. (Policy Objective)

Objective #7: Increase providers understanding of the value of setting internal goals for advancing program performance outcome evaluation. (Policy Objective)

Objective #8: Support targeted efforts for workforce recruitment and retention initiatives, such as scholarships, loan repayment, and assistance with professional licensure fees, with level of assistance linked to length of service commitment. (Allocation Priority/Criteria Objective)

Objective #9: Enable providers to implement flexible responses to operations during the COVID-19 pandemic, such as supporting telehealth or other virtual service options, to maintain access and engagement with clients and community. (Collaboration/Coordination Objective)

Goal #2: Sustain commitment to addressing health disparities experienced by underrepresented and marginalized populations.

Objective #1: Support culturally responsive and family driven support networks for underrepresented populations, underserved populations, and general populations of Champaign County. (Allocation Priority/Criteria Objective)

Objective #2: Provide technical assistance in support of continuous improvement of cultural and linguistic competence plans to meet the needs of the population served. (Collaboration/Coordination Objective)

Objective #3: Encourage providers and other community-based organizations to allocate resources to provide training, seek technical assistance, provide language access and communication assistance, and pursue other professional development activities for staff and governing or advisory boards to advance cultural and linguistic competence. (Allocation Priority/Criteria Objective)

Objective #4: Where families and communities are disproportionately impacted by incarceration, encourage the development of social networks and improved access to resources. (Policy Objective)

Objective #5: Address the needs of residents of rural areas and encourage greater engagement by community-based organizations. (Policy Objective)

Objective #6: Review data on the impact of COVID-19 on Champaign County residents with particular attention to underserved populations and promote provider response to mitigate the adverse impact, as resources allow. (Collaboration/Coordination Objective)

Goal #3: Improve consumer access to and engagement in services.

Objective #1: Participate in various coordinating councils whose missions align with the needs of the populations of interest to the Board with the intent of strengthening coordination between providers in the delivery of services. (Collaboration/Coordination Objective)

Objective #2: Explore at the Board level potential for collaboration on issues of mutual interest with the C-U Public Health District and the Champaign County Board of Health. (Collaboration/Coordination Objective)

Objective #3: Engage with CUPHD, United Way, Carle Foundation Hospital, and OSF in the collaborative planning process for the next Community Health Improvement Plan. (Collaboration/Coordination Objective)

Objective #4: Increase awareness of community services and access to information on when, where, and how to apply for services. (Collaboration/Coordination Objective)

Objective #5: Explore feasibility of co-locating services in neighborhood community centers to reach underserved and underrepresented populations, including rural areas. (Collaboration/Coordination Objective)

Goal #4: Continue the collaborative working relationship with the Champaign County Board for Care and Treatment of Persons with a Developmental Disability (CCDDDB).

Objective #1: Coordinate integration, alignment, and allocation of resources with the CCDDDB to ensure the efficacious use of resources within the intellectual/developmental disability (I/DD) service and support continuum. (Allocation Priority/Criteria Objective)

Objective #2: Assess alternative service strategies that empower people with I/DD and increase access to integrated settings as exemplified by the collaborative approach to the Employment First Act. (Policy Objective)

Objective #3: With the CCDDDB, continue financial commitment to community-based housing for people with I/DD from Champaign County and as part of that sustained commitment, review the Community Integrated Living Arrangement (CILA) fund and recommend any changes. (Allocation Priority/Criteria Objective)

Objective #4: Collaborate with the Champaign County Board for the Care and Treatment of Persons with a Developmental Disability on promoting inclusion and respect for people with I/DD. (Collaboration/Coordination Objective)

MULTI-AGENCY INVOLVED YOUTH AND FAMILIES

Goal #5: Building on progress achieved through the six Year Cooperative Agreement between the Federal Substance Abuse and Mental Health Services Administration (SAMHSA), the Illinois Department of Human Services (IDHS), and the Champaign County Mental Health Board (CCMHB), sustain the SAMHSA/IDHS system of care model.

Objective #1: Support the efforts of the Champaign Community Coalition and other system of care initiatives. (Collaboration/Coordination Objective)

Objective #2: Sustain support of Champaign County family-run organizations that incorporate family-driven and youth-guided principles in use of peer support specialists, and other peer-to-peer supports to assist multi-system involved youth and their families (Allocation Priority/Criteria Objective)

Objective #3: Support development of a coordinated response to community violence, including gun violence, that leverages existing investments by the Board in prevention and early intervention services for children, youth, and families, with funds from other funders to mitigate the public health crisis associated with community violence and in particular gun violence. (Policy Objective)

Objective #4: Promote and support those targeted interventions that specifically address historical trauma experienced by African American and other minority youth disproportionately impacted in multiple systems. (Allocation Priority/Criteria Objective)

Objective #5: Sustain commitment to building systems that are trauma-informed, justice informed, family-driven, youth-guided, and culturally responsive. (Policy Objective)

Objective #6: Recognizing alignment with the work of the Community Coalition, Support the goals and objectives of the Illinois Criminal Justice Information Authority "Illinois HEALS (Helping Everyone Access Linked Systems) Action Plan" and support broad based efforts to secure funding as available through Illinois HEALS. (Collaboration/Coordination Objective)

Objective #7: Review research on racial trauma as a mental health issue and develop an appropriate response. (Policy Objective)

CRIMINAL JUSTICE AND MENTAL HEALTH SYSTEM COLLABORATION

Goal #6: Divert from the criminal justice system, as appropriate, persons with behavioral health needs or intellectual/developmental disabilities.

Objective #1: Continue involvement in the Crisis Intervention Team Steering Committee in support of increased collaboration between law enforcement and crisis service providers on implementing mobile crisis response in the community. (Collaboration/Coordination Objective)

Objective #2: Sustain efforts to engage persons with behavioral health diagnoses re-entering the community from jail or prison or with recent involvement with the criminal justice system, in treatment and other support services such as the Champaign County Problem Solving Court and reentry services. (Allocation Priority/Criteria Objective)

Objective #3: Support integrated planning and service coordination for adults involved in the criminal justice system through participation in the Champaign County Reentry Council or similar body to address needs identified in the Sequential Intercept Map gaps analysis. (Collaboration/Coordination Objective)

Objective #4: Through the National Association of County Behavioral Health and Developmental Disability Directors (NACBHDD), in its partnership with the National Association of Counties (NACo), use and promote technical assistance and support through collaborative and mentorship opportunities aimed at improving outcomes for those with behavioral health needs and justice system involvement. (Collaboration/Coordination Objective)

Goal #7: In conjunction with the Champaign County Sheriff's Office and other community stakeholders, pursue a continuum of services as an alternative to incarceration and/or overutilization of local Emergency Departments for persons with behavioral health needs or developmental disabilities.

Objective #1: Support initiatives providing housing and employment supports for persons with a mental illness, substance use disorder, and/or intellectual and developmental disabilities through the Champaign County Continuum of Care or other local collaboration. (Allocation Priority/Criteria Objective)

Objective #2: Identify options for developing jail diversion services to provide behavioral health assessments, crisis stabilization and detoxification from alcohol and/or other substances as may be necessary to serve Champaign County. (Collaboration/Coordination Objective)

Objective #3: Support the "One Door" initiative or similar service design for mobile crisis response, assessment, referral, and post-crisis support and engagement. (Allocation Priority/Criteria Objective, Collaboration/Coordination Objective)

Goal #8: Support interventions for youth who have juvenile justice system involvement to reduce contact with law enforcement or prevent deeper penetration into the system.

Objective #1: Through participation on the Youth Assessment Center Advisory Board, advocate for community and education-based interventions contributing to positive youth development and decision-making. (Collaboration/Coordination Objective)

Objective #2: Through participation and engagement in the Champaign Community Coalition and other community focused initiatives, promote and encourage multi-system collaborative approaches for prevention and reduction of youth violence. (Collaboration/Coordination Objective)

Objective #3: Utilize the principles from "Models for Change" to reduce the disproportionate minority contact with law-enforcement and involvement with the juvenile justice system. (Policy Objective)

COMMUNITY ENGAGEMENT & ADVOCACY

Goal #9: Address the need for acceptance, inclusion and respect associated with a person's or family members' mental illness, substance use disorder, intellectual and/or developmental disability through broad based community education efforts to increase community acceptance and positive self-image.

Objective #1: Continue support for and involvement in efforts to promote inclusion and challenge stigma and discrimination, such as the disABILITY Resource Expo: Reaching Out for Answers, Ebertfest, National Children's Mental Health Awareness Day, and other related community education events. (Collaboration/Coordination Objective)

Objective #2: Promote substance use disorder prevention initiatives as a community education tool targeting youth and young adults. (Collaboration/Coordination Objective)

Objective #3: Participate in behavioral health community education initiatives, such as National Depression Screening Day, to encourage individuals to be screened and seek further assistance where indicated. (Collaboration/Coordination Objective)

Objective #4: Encourage and support efforts to more fully integrate people with behavioral health disorders and/or intellectual and/or developmental disabilities into community life in Champaign County. (Allocation Priority/Criteria Objective)

Objective #5: Support Mental Health First Aid for Adults and Youth to encourage community members to provide first responder support for people that may be experiencing signs and symptoms of a crisis. (Collaboration/Coordination Objective)

Objective #6: Support development of web-based resources to make information on community services more accessible and user-friendly.

Goal #10: Engage with other local, state, and federal stakeholders on emerging issues.

Objective #1: Monitor implementation of State Plan amendments, 1115 waiver pilot projects, and Managed Care by the State of Illinois, and advocate through active participation in the Association of Community Mental Health Authorities of Illinois (ACMHAI) and other statewide associations and advocacy groups. (Collaboration/Coordination Objective)

Objective #2: Track state implementation of class action suit settlements involving persons with intellectual and/or developmental disabilities or mental illness, e.g. Ligas Consent Decree and Williams Consent Decree, and

advocate for the allocation of state resources sufficient to meet needs of clients returning to home communities or seeking fuller integration in their communities. (Policy Objective)

Objective #3: Maintain active participation in the National Association of County Behavioral Health and Developmental Disability Directors (NACHBDD), National Association of Counties (NACo), and like-minded national organizations, to understand trends, best practices, and innovations and to advocate at the federal level. (Collaboration/Coordination Objective)

Objective #4: Monitor State actions to implement terms of the NB vs Norwood Consent Decree to improve access and treatment to children and youth for community based mental health and behavioral health care under the Early and Periodic Screening, Diagnostic, and Treatment (EPSDT) provisions of the Medicaid Act. (Policy Objective)

Objective #5: Advocate at the state and federal level on the issue of behavioral health and intellectual and developmental disability workforce shortages. (Policy Objective)

Approved November 18, 2020